

Discussion Questions

*These discussion questions were created for both mother and daughter to answer and discuss. Remember the memories and moments that are created when our girls hear us tell stories and share our thoughts!

1. Share a time someone showed you kindness when you needed it. How did it make you feel?
2. Today's video mentioned a scripture- Proverbs 16:24 "Kind words are like honey- sweet to the soul and healthy for the body." Discuss what you think this means, and if you have ever experienced the effects of kindness (or the lack of kindness) affecting how you feel physically not just emotionally.
3. What do you think is the difference between kindness and compassion? Discuss.
4. How will you put on "God glasses" this week to show compassion to others? Be specific if there are certain things that you could do to show kindness and compassion to someone(s).

Prayer to pray together:

Dear Jesus,

Thank you for our time together today learning more about how to walk in love with kindness and compassion. Help me to be sensitive to others when they need extra kindness and to see with YOUR eyes when others need to be shown compassion. Lord, strengthen my faith in you and help me to grow closer to you so I can hear your voice guiding me when others need to see and feel your love through me.

In Jesus name,
Amen

